

## **Here are some activities to try for improved visual skills:**

### **Visual perceptual ideas:**

- ❖ Online activities (printable pages) – [www.edhelper.com/visual\\_skills.htm](http://www.edhelper.com/visual_skills.htm)
- ❖ Activity books in stores: often include mazes, finding similarities/differences in pictures, etc. These are good activities.
- ❖ Puzzles
- ❖ Shape/Letter search (fill a page with shapes or letters and have the student find the ones you request)
- ❖ I Spy/Where's Waldo books
- ❖ Match pictures (such as memory cards)
- ❖ To learn letters/numbers: activities that incorporate a motor aspect often help
  - Make letters/numbers in shaving cream, pudding, sand, salt, etc.
  - “draw” letters on each other’s back or palm
  - make letters with your “eyes” closed (it helps reinforce the “mental picture” of the letter)
  - use playdough ropes or wicki stix (can be found at Hobby Lobby) to form letters/numbers

### **Visual scanning/tracking ideas:**

- ❖ Online activities – [www.eyecanlearn.com](http://www.eyecanlearn.com)
- ❖ A basic way to work on improving tracking skills is simply to have the student follow a moving object within approx. 12-16” of his face without moving their head (follow tip of marker, etc) – horizontal, vertical, diagonal, and around in a circle
- ❖ Trap small ball with hand (rolling across left to right, right to left, and towards the child)
- ❖ Flashlight tag...follow flashlight beam across someone who is running
- ❖ Tetherball type activities (watching the ball move)